Claims 1-11 (Cancelled).

predetermined frequency. .

12. (Currently Amended) A method for increasing upstream communication in an optical network comprising the steps of:

receiving an optical signal that is formatted according to a network protocol and predetermined timing scheme and having a predetermined encoding scheme that provides transitions per code group of data to facilitate clock recovery;

increasing a speed in which a detecting circuit can receive optical signals by adjusting a time constant of the detecting circuit according to a predetermined frequency of the data that is dependent upon the network protocol and encoding scheme;

increasing a speed in which the detecting an automatic gain control circuit can adjust gain between different optical signals by adjusting a time constant according to the predetermined frequency;

increasing a speed in which a limiting circuit can convert optical signals to electrical signals by adjusting a time constant according to the predetermined frequency; and converting the optical signals to electrical signals according to the

- 13. (Original) The method of Claim 12, wherein the step of receiving optical signals comprises receiving optical signals formatted according to a Gigabit Ethernet standard.
- 14. (Original) The method of Claim 12, wherein the step of receiving optical signals comprises receiving optical signals encoded according to 8B/10B encoding.
- 15. (Original) The method of Claim 12, wherein the step of receiving optical signals comprises receiving optical signals formatted according to a time division multiple access protocol.
- 16. (Original) The method of Claim 12, wherein the step of increasing a speed in which a detecting circuit can receive optical signals comprises decreasing a time constant by

· FEB 04 2005 12:54 FR KING AND SPALDING 404 572 5145 TO 5551#08286#10502 P.07

Application Serial No. 10/601,745

decreasing capacitance of a photodetector circuit to correspond with a predetermined frequency of the data.

17. (Original) The method of Claim 12, wherein the step of increasing a speed in which the detecting circuit can adjust between different optical signals comprises decreasing a time constant by decreasing capacitance of a gain control circuit to correspond with a predetermined frequency of the data.

18. (Original) The method of Claim 12, increasing a speed in which a limiting circuit can convert optical signals to electrical signals comprises decreasing a time constant by decreasing capacitance of the limiting circuit to correspond with a predetermined frequency of the data.

Claims 19-30 (Cancelled.)

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